

# ELMER FARM

Quality. Community. Connection.



## FARMER'S CHOICE CSA SHARE

SHARE THE HARVEST  
SIGN UP TODAY!

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# ELMER FARM HARVEST

Elmer Farm grows more than thirty five different vegetables and culinary herbs. This includes over 200 different varieties including many heirlooms. We harvest from mid-June through the end of October. While no two growing seasons are the same, below is a partial list and description of what your weekly share might consist of throughout the season.

## JUNE

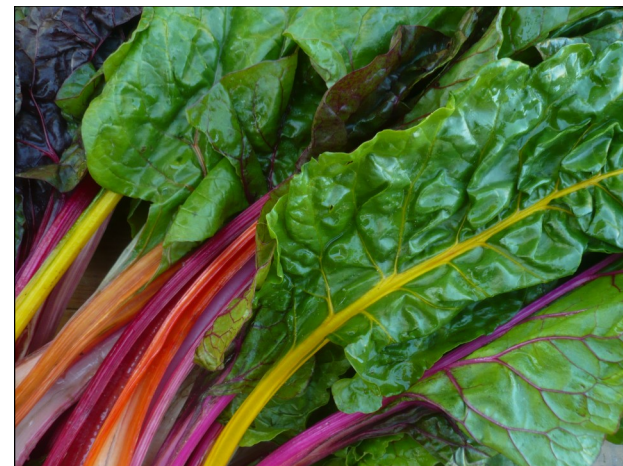
*Start the summer with crisp lettuce, sweet spinach, brilliant radishes, zesty scallions, sugar snap peas, colorful rainbow chard, baby bok choy, tender broccoli and hakurei turnips suitable for salads or stir fry, an Elmer Farm favorite.*

## JULY

*As summer heats up, enjoy crunchy green beans, fragrant culinary herbs, flavorful carrots, baby beets, plentiful salad greens and an extraordinary variety of cucumbers, zucchini and summer squash.*

## AUGUST

*The farm is exploding with flavor. Expect an array of heirloom tomatoes, outstanding red, yellow, and orange sweet peppers, new red potatoes, Japanese eggplant, savory onions and garlic. Produce is plentiful.*



## SEPTEMBER

*Fall arrives. Cooler nights sweeten vitamin packed kale and robust cabbage. August crops continue to produce with warm days. Heavenly winter squash and pie pumpkins are ready. Start baking!*

## OCTOBER

*The harvest season ends with an abundance of wholesome root crops including parsnips, carrots, beets and turnips. Feast on hearty cold loving crops such as leeks, Brussels sprouts and cauliflower. A perfect time of year for nourishing soups!*

**Elmer Farm is on  
FACEBOOK**

# FARMER'S CHOICE SHARE



## ELMER FARM

Elmer Farm is a conserved 90 acre farm located in East Middlebury. We grow 25 acres of mixed vegetables, grains, and dry beans. Annually, the farm is Inspected and certified by Vermont Organic Farmers (VOF). This reassures our members that the crops are grown responsibly and safely without the use of synthetic fertilizers, herbicides or pesticides.

Like so many of the old farmsteads in Addison County, Elmer Farm has a long and heritage of providing food for it's community. This farm belonged to the Elmer family since the early 1800's. The receding glaciers bestowed the farm with a wonderful mix of fertile soils, almost thirty acres of sandy loam, excellent for growing vegetables and grains.

We, Spencer and Jennifer Blackwell, along with our children, Angus, Ida & Mabel, are proud to grow and provide vegetables for our community, neighbors and friends in Addison County. We value quality of life and meaningful work. We are committed to our community through various farm to school efforts as well as gleaning and food donations for local food agencies.

**Membership** As a member of the Elmer Farm CSA, community supported agriculture, you will receive fresh vegetables and herbs each week from mid-June through the end of October for a total of 20 weeks. In exchange, members sign a contract for the season and agree to pay in advance or in installments for their share. As a member, you will receive newsletters throughout the season which includes updates about the farm and recipe ideas for your produce!

**Farmer's Choice** The Farmer's Choice CSA is a pre-packed share that members conveniently pick up at our farm on Thursday, Friday or Saturday. This option gives members the opportunity to enjoy Elmer Farm produce on a weekly basis at a discounted rate with the added convenience of a flexible pick up schedule. It is called the Farmer's Choice share since the farmers decide what vegetables will be featured in your box each week. The Farmer's Choice Share does not include the option to pick your own flowers or herbs, although herbs will still be included in your share.

**Pick up at the farm** Each week from mid-June through the end of October, you will come to Elmer Farm to pick up your mindfully packed share. Your shares are packed on Wednesday evening and are available for you to pick up in our cooler at your convenience on Thursday, Friday or Saturday. Each week when you pick up your box of produce, we ask that you return your box from the previous week in our effort to use less boxes. Thank you!

**Produce** We grow more than thirty-five different vegetables and value the importance of growing heirloom varieties. You can expect to try something new in your farm share such as golden beets or fennel, in addition to enjoying our most popular well-known crops such as carrots, cabbage and potatoes! Our weekly newsletter provides recipe ideas for less familiar vegetables. Elmer Farm is certified organic and inspected annually by Vermont Organic Farmers.

**Share Size** Elmer Farm offers several share sizes to meet your needs including large, medium and small. A small share might be ideal for a one person household or a family who wants to supplement their own garden. We are also pleased to offer ten week shares in the fall. The ten week share takes place for the last 10 weeks of our full season CSA.

**Affordability** We strive to make the farm share affordable to those who wish to join our CSA. We do this by offering various share sizes, having flexible payment plans and providing work share opportunities. We also participate in the NOFA-VT Farm Share Program that awards scholarships to help members afford CSA shares. We greatly appreciate your tax deductible contribution to support this program!

### Farm Share Agreement

As a CSA member, you trust us, the farmers, to provide with you with the highest quality of vegetables and an ample selection of crops for your share. As farmers, we work to the best of our ability to grow these crops successfully under a wide range of growing conditions. Ultimately, farming is largely weather dependent. Under adverse growing conditions, some crops do not produce very well or at all. This is a risk that the members agree to take. However, in favorable conditions, the bounty can be outstanding and you benefit from this abundance. Your advanced payment helps us with the substantial cost of getting these crops started and assures us of your commitment.

**Thank You for supporting our farm!**